

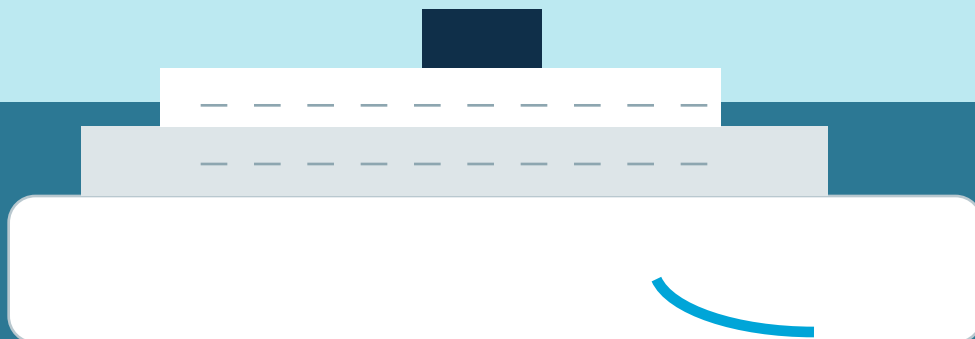


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7220 TRAVEL

GUIDE 5 | NORWEGIAN CRUISE LINE

First-Time NCL Cruiser Guide

KNOW THE RHYTHM BEFORE YOU BOARD

A plain-English guide to check-in, eDocs, the app, reservations, ship time, port days and the little things first-timers miss.

Prepared by 7220 Travel | Family & Group Travel Experts

Plan unforgettable family adventures.

7220travel.com | 307-314-2517 | dave.engel@7220travel.com

Updated September 11, 2026 | Verify live details in My NCL and NCL.com

The First Cruise Feels Easier With a Plan

Cruising is simple once you know which decisions happen before sailing and which can wait until you are onboard.

BEFORE YOU GO

Create or link your My NCL account, download the NCL app, review travel-document requirements, reserve high-priority shore excursions and dining, and complete online check-in at least 3 days before sailing.

ONBOARD DAY ONE

Learn the ship before trying to do everything. Find your stateroom area, muster location, main dining venues, kids clubs and your most important activity spaces. Confirm reservations, then enjoy lunch.

PORT-DAY RULE

NCL says guests must be back onboard no later than one hour before scheduled port departure, and ship time can differ from local port time. Follow ship time - not the time on a random storefront clock.

SHIP TIME WINS

Missing the ship can turn one late lunch into flights, hotels and transportation you have to arrange yourself. Set an alarm and build margin.

7220 TRAVEL DECISION FILTER

If this choice makes the trip easier for the people taking it, it is probably the right direction.

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Your Planning Checklist

Use this page to make the decision before the cruise makes it for you.

CHECK WHAT MATTERS TO YOUR TRIP

- | | |
|--|---|
| ☐ My NCL linked | ☐ NCL app downloaded |
| ☐ Travel documents checked | ☐ eDocs saved offline |
| ☐ Shore excursions reviewed | ☐ Dining priorities identified |
| ☐ Arrival plan confirmed | ☐ Carry-on packed |
| ☐ Emergency contacts saved | ☐ Ship time understood |
-

FAMILY / GROUP WORKSHEET

Our top onboard experience:

Our top shore experience:

One thing we will not over-schedule:

Family meeting point onboard:

ONE MORE QUESTION

What part of this decision is creating the most uncertainty? That is usually the part worth solving before you book.

Final Check & Current Sources

Save this page with your cruise notes and recheck live details before travel.

THE 7220 TRAVEL FINAL CHECK

- ☐ The choice fits the people traveling
- ☐ The total trip cost has been considered
- ☐ Travel documents are understood
- ☐ Critical reservations are on the calendar
- ☐ We have a backup plan for delays / weather
- ☐ The family knows what matters most
- ☐ We have permission to change the plan

VERIFY BEFORE TRAVEL

NCL can change itineraries, venues, policies, package details, age rules, reservation windows and onboard offerings. Use My NCL, the NCL app and NCL.com for the final live details.

CURRENT INFORMATION SOURCES

[NCL new-to-cruise checklist](#)

[NCL boarding times](#)

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Source pages were checked September 11, 2026. NCL policies and promotions can change without notice.

Ready to match the cruise to your family?

7220 Travel can help narrow the choices and build the full trip around you.

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