

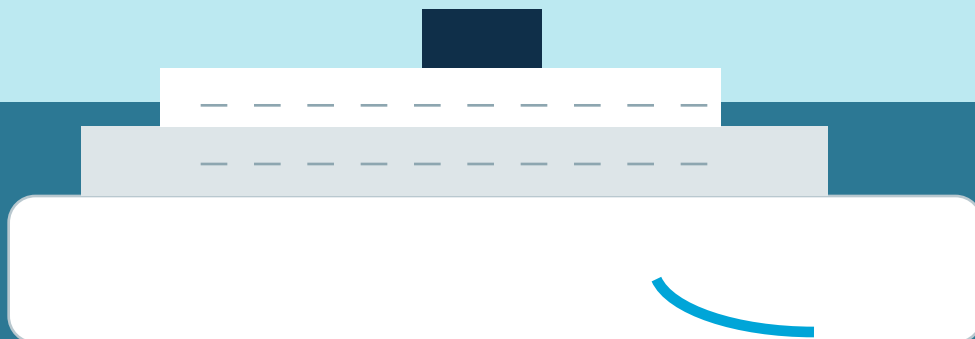


PHOTO SOURCE / INSPIRATION

[Norwegian Cruise Line Free at Sea](#)

Source link is clickable

7220 TRAVEL

GUIDE 8 | NORWEGIAN CRUISE LINE

Free at Sea Explained

READ THE BENEFIT - THEN READ THE TERMS

A client-friendly explanation of NCL Free at Sea, what may be included, what can still cost extra and why promotions should always be verified live.

Prepared by 7220 Travel | Family & Group Travel Experts

Plan unforgettable family adventures.

7220travel.com | 307-314-2517 | dave.engel@7220travel.com

Updated September 11, 2026 | Verify live details in My NCL and NCL.com

Free at Sea Is a Package - Not a Magic Word

NCL currently markets Free at Sea with beverage, specialty dining, Wi-Fi and shore-excursion benefits. Exact terms vary by booking and sailing.

WHAT IT CAN INCLUDE

Current NCL materials describe Unlimited Open Bar for eligible guests, specialty dining based on sailing length, Wi-Fi minutes and a shore-excursion credit for eligible excursions, subject to promotion terms.

WHAT CAN STILL COST MONEY

Gratuities/service charges associated with selected benefits, premium upgrades, purchases above package limits, additional dining, extra internet, spa, casino, photos and many other onboard purchases can still add cost.

PROMOTIONS CHANGE

Free at Sea offers are capacity-controlled and terms can change. Always price the actual reservation rather than using an old screenshot, Facebook post or flyer as the final word.

THE RIGHT QUESTION

Do not ask only, "Is Free at Sea included?" Ask: "What exactly is included on this reservation, what gratuities or fees apply, and which parts will we realistically use?"

7220 TRAVEL DECISION FILTER

If this choice makes the trip easier for the people taking it, it is probably the right direction.

PHOTO SOURCE / INSPIRATION

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Your Planning Checklist

Use this page to make the decision before the cruise makes it for you.

CHECK WHAT MATTERS TO YOUR TRIP

- | | |
|---|---|
| ☐ Beverage benefit reviewed | ☐ Dining nights reviewed |
| ☐ Wi-Fi amount reviewed | ☐ Excursion credit reviewed |
| ☐ Gratuities / fees reviewed | ☐ Kids / under-21 rules reviewed |
| ☐ Upgrade options reviewed | ☐ Promotion terms saved |
-

FAMILY / GROUP WORKSHEET

Benefits we will use:

Benefits we probably will not use:

Estimated extra onboard spend:

Questions for 7220 Travel:

ONE MORE QUESTION

What part of this decision is creating the most uncertainty? That is usually the part worth solving before you book.

Final Check & Current Sources

Save this page with your cruise notes and recheck live details before travel.

THE 7220 TRAVEL FINAL CHECK

- ☐ The choice fits the people traveling
- ☐ The total trip cost has been considered
- ☐ Travel documents are understood
- ☐ Critical reservations are on the calendar
- ☐ We have a backup plan for delays / weather
- ☐ The family knows what matters most
- ☐ We have permission to change the plan

VERIFY BEFORE TRAVEL

NCL can change itineraries, venues, policies, package details, age rules, reservation windows and onboard offerings. Use My NCL, the NCL app and NCL.com for the final live details.

CURRENT INFORMATION SOURCES

[NCL Free at Sea](#)

[NCL promotion terms](#)

PHOTO REFERENCE: [Norwegian Cruise Line Free at Sea](#)

Source pages were checked September 11, 2026. NCL policies and promotions can change without notice.

Ready to match the cruise to your family?

7220 Travel can help narrow the choices and build the full trip around you.

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