



Royal Caribbean Packing Guide

A practical family checklist - without overpacking

Pack for how you will actually spend the cruise: embarkation, pool time, dinners, port days, weather and the trip home.

[FAST TO READ](#)[FAMILY FOCUSED](#)[SAVE FOR LATER](#)

Planning a Royal Caribbean cruise?

Use this guide to narrow the choices. When you want help matching the ship, itinerary and stateroom to your family, 7220 Travel can take it from there.

Presented by 7220 Travel - Family and Group Travel Experts

Updated September 2026. Cruise offerings, prices and policies can change.

Do not give this bag to the porter

- ☐ Passport / approved travel documents
- ☐ SetSail Pass / boarding information
- ☐ Prescription and critical medications
- ☐ Wallet, cards and valuables
- ☐ Phone + charging cable / approved charger
- ☐ Swimsuit + cover-up
- ☐ Sunscreen and sunglasses
- ☐ One change of clothes for small children
- ☐ Diapers/wipes/formula or specialty kid items
- ☐ Travel insurance and emergency contact information

Why this matters

Checked luggage may arrive at your stateroom later in the day. Your carry-on should let everyone eat, swim, take medication and handle a delay without opening a suitcase.

Pack by situation, not by day

POOL + SEA DAYS Swimwear, rash guards, sandals, sun hat, refillable bottle if useful, light layer for indoor venues.	DINNER + SHOWS Casual dinner outfits plus any dressier clothing your family actually wants to wear. Comfortable shoes matter.
PORT DAYS Daypack, walking shoes, sun/rain protection, reusable water bottle if appropriate, small cash/card setup, medications.	COOL WEATHER / ALASKA Layers, waterproof shell, warmer socks, gloves/hat as needed, binoculars. Avoid relying on one bulky coat.
KIDS Comfort item, headphones, small activity, backup clothes, swim gear, kid-safe sun protection and any feeding/sleep items.	GRANDPARENTS / MEDICAL Medication list, mobility accessories, compression items if prescribed, backup eyeglasses/hearing-aid batteries and key medical documentation.

Leave at home

- Irons and clothing steamers
- Candles / incense / open-flame items
- Prohibited extension cords and power strips
- Anything illegal at your departure port or destinations
- Oversized “just in case” gear you can reasonably live without

Royal Caribbean rules can change. Always review the prohibited-items policy for your sailing before packing.

Want the packing list customized to your sailing?

A Caribbean weekend, Alaska sailing and Mediterranean cruise do not need the same suitcase.

- We can tailor the list to your ship, itinerary and travel dates.
- Families can get kid-specific and embarkation-day packing notes.
- Multigenerational groups can add mobility, medication and room-organization reminders.
- Ask us to build the packing checklist into your complete cruise plan.

READY TO PLAN YOUR CRUISE?

Tell us who is traveling, what matters most, and what would make the trip feel worth it. We will help narrow the Royal Caribbean choices and build the trip around your family.

7220travel.com

307-314-2517

dave.engel@7220travel.com



Independent planning guide prepared by 7220 Travel. Royal Caribbean names and trademarks belong to their respective owners. Always verify current requirements and onboard offerings for your specific sailing.

Florida Seller of Travel Ref. No. ST15578 | California Seller of Travel No. 2090937-50 | Washington UBID No. 603189022