



7220 TRAVEL

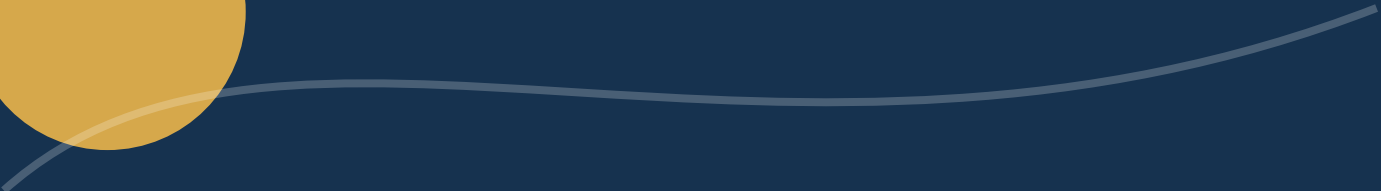
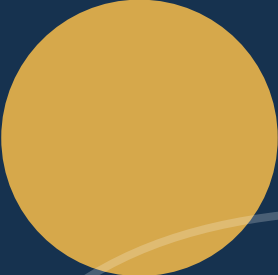
WASHINGTON

7-Day Family Road Trip Guide

Seattle, Olympic Peninsula & Cascade Mountains

Family & Group Travel Experts

7220travel.com



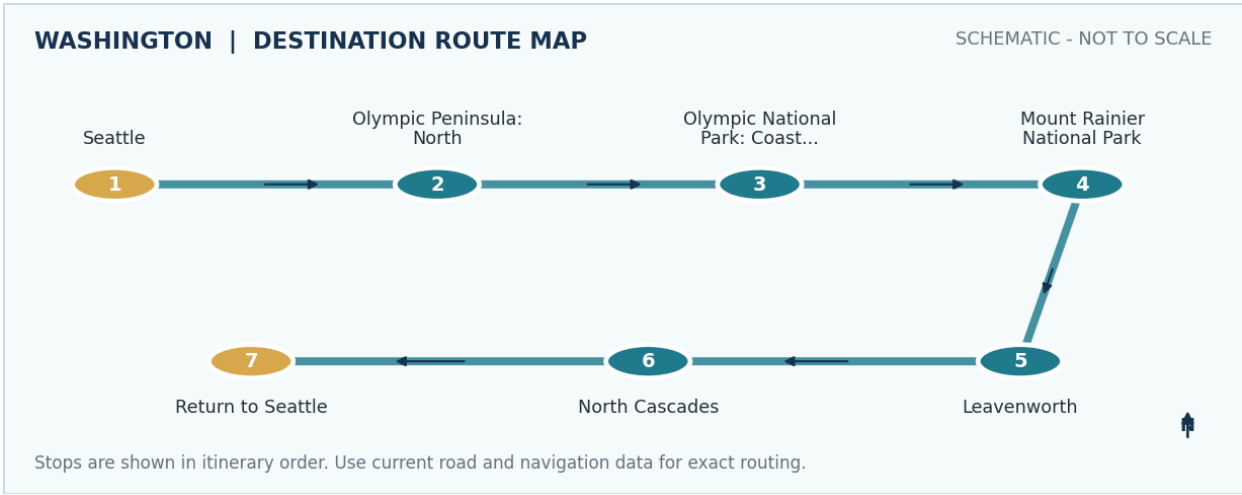
Washington: Your 7-Day Game Plan

This guide turns 7220 Travel's Washington itinerary into an easy, printable road-trip plan. The goal is simple: give your family a strong route and the best anchors for each day, while leaving enough breathing room to make the trip yours.

Trip style Family road trip	Pace Active but flexible	Best for Families & multigenerational groups
Transportation Rental car / personal vehicle	Length 7 days	Theme Seattle, Olympic Peninsula & Cascade Mountains

The Route at a Glance

Day 1: Seattle • Day 2: Olympic Peninsula - North • Day 3: Olympic National Park - Coast & Rainforest • Day 4: Mount Rainier National Park • Day 5: Leavenworth • Day 6: North Cascades • Day 7: Return to Seattle



7220 Travel planning principle: Choose the three experiences your family cares about most, then let the rest of the trip support those priorities. A good vacation does not have to win social media.

Day-by-Day Itinerary

Day 1: Seattle

- Visit Pike Place Market.
- See the Space Needle area or Museum of Pop Culture.
- Walk the waterfront.

Day 2: Olympic Peninsula - North

- Take the ferry or drive to the peninsula.
- Visit Hurricane Ridge if accessible.
- Explore Port Angeles.

Day 3: Olympic National Park - Coast & Rainforest

- Walk in the Hoh Rain Forest.
- Visit a Pacific beach.
- Stop at Lake Crescent or another scenic area.

Day 4: Mount Rainier National Park

- Travel toward Mount Rainier.
- Visit Paradise or Sunrise depending on road openings.
- Choose a family-friendly trail.

Day-by-Day Itinerary, Continued

Day 5: Leavenworth

- Drive to the Bavarian-style mountain town.
- Explore downtown.
- Walk a river trail or nearby canyon.

Day 6: North Cascades

- Drive a section of North Cascades Highway if open.
- Stop at Diablo Lake overlooks.
- Choose a short trail or picnic.

Day 7: Return to Seattle

- Drive back to Seattle.
- Add a final market, museum or waterfront stop.
- Depart SEA.

Before You Go

- Popular national parks can require timed entry, shuttle use or advance reservations. Check official park guidance early.
- Confirm attraction hours, timed-entry rules and seasonal closures before you travel.
- Build in buffer time. A 7-day road trip works best when every stop is not treated like a race.
- Keep water, snacks, a basic first-aid kit and offline maps in the car.
- Mountain weather changes quickly. Pack layers and allow time to acclimate to elevation.

Make This Trip Yours

Circle or write down the three things your family would be most disappointed to miss. Those are your anchors. Everything else can flex around weather, energy levels, traffic and the unexpected moments that often become the best memories.

#1 Must-Do Experience	_____
#2 Must-Do Experience	_____
#3 Must-Do Experience	_____
One Meal We Really Want	_____
One Place to Slow Down	_____



Want help turning this route into your family's actual vacation?
7220 Travel can help with lodging, routing, cruises, resorts, family trips and group travel.

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Source: 7220 Travel's 7-Day United States itinerary collection. The destination route map is schematic and not intended for turn-by-turn navigation. Attraction hours, reservation systems, road access, prices and seasonal conditions can change.

Washington Packing List

A family-road-trip checklist designed to pair with your 7220 Travel 7-Day Guide.

Packing mindset: Expect mixed conditions: cool coastlines, damp forests, sun breaks and mountain weather. Water-resistant layers are worth it.

CLOTHING & LAYERS

- ☐ 7 days of underwear + socks
- ☐ Sleepwear
- ☐ One extra top/outfit for delays or spills
- ☐ Breathable layers
- ☐ Fleece or light sweater
- ☐ Quick-dry pants

FOOTWEAR

- ☐ Broken-in walking shoes
- ☐ Activity-appropriate trail/hiking shoes if planned
- ☐ Comfortable sandals/secondary shoes

WEATHER & OUTDOOR

- ☐ Waterproof rain shell
- ☐ Water-resistant footwear
- ☐ Daypack rain cover/dry bag
- ☐ Sunscreen + sunglasses
- ☐ Small daypack
- ☐ Basic sun protection for every outdoor day

ROAD TRIP & TECH

- ☐ Driver license/ID + insurance info
- ☐ Phone + charging cable + car charger
- ☐ Portable battery pack
- ☐ Offline maps / saved reservations
- ☐ Reusable water bottle
- ☐ Small cooler + road-trip snacks

FAMILY & PERSONAL

- ☐ Prescription medications
- ☐ Basic first-aid/blister kit
- ☐ Toiletries
- ☐ Sunglasses
- ☐ Laundry bag / packing cubes
- ☐ Wipes/hand sanitizer
- ☐ Copies/screenshots of key confirmations

WASHINGTON TRIP-SPECIFIC EXTRAS

- ☐ Waterproof shell
- ☐ Water-resistant trail shoes
- ☐ Warm layer for ferries/coast/mountains
- ☐ Daypack rain cover

Seasonal adjustment: Check the forecast, elevation, park/road alerts and planned activities shortly before departure. Add heavier cold-weather gear for winter/shoulder-season travel and scale back insulation during reliably hot periods.

Outdoor reminder: customize your gear to the activity. For hikes and remote stops, carry appropriate navigation, sun protection, extra layers, light, first aid, food and water rather than relying only on a phone. This checklist is general travel guidance, not a substitute for current weather, park, road, airline or activity-specific requirements.

Washington: When to Go & Where to Stay

A route-based planning page designed to pair with your 7220 Travel 7-Day Itinerary.

BEST OVERALL WINDOW	July-September
Why it works: The driest, most dependable period for Olympic, Mount Rainier and North Cascades access.	Seasonal tradeoff: Mountain snow can linger into summer; coast/forest areas can stay cool and damp year-round.

WHERE TO STAY ALONG THE 7-DAY ROUTE

DAY 1	Seattle: A central/downtown or main visitor district is usually the easiest family base for dining, walkability and a simple start the next morning.
DAY 2	Olympic Peninsula - North: A central/downtown or main visitor district is usually the easiest family base for dining, walkability and a simple start the next morning.
DAY 3	Olympic National Park - Coast & Rainforest: Choose the closest practical gateway town or park-adjacent lodge/cabin. Prioritize early access and less driving over nightlife.
DAY 4	Mount Rainier National Park: Choose the closest practical gateway town or park-adjacent lodge/cabin. Prioritize early access and less driving over nightlife.
DAY 5	Leavenworth: A central/downtown or main visitor district is usually the easiest family base for dining, walkability and a simple start the next morning.
DAY 6	North Cascades: A central/downtown or main visitor district is usually the easiest family base for dining, walkability and a simple start the next morning.
DAY 7	Return to Seattle: For the final night, favor easy airport/highway access and flexible checkout over adding another long transfer.

BOOKING STRATEGY

- Park-area lodging is often the first inventory to disappear. For summer and school-break travel, begin there before locking the rest of the route.
- Coastal inventory can have minimum-stay rules and sharp weekend price jumps; compare weekday placement before finalizing the route.

7220 Travel tip: If your priority is a specific park lodge, beach location or special experience, build the route around that hardest-to-get reservation first.

Timing and lodging guidance is general planning advice. Always confirm current park access, road conditions, local events, weather patterns and property policies before booking.

Washington: Tolls & Cashless Roads

A route-specific companion page for your 7220 Travel 7-Day Itinerary.

TOLL EXPOSURE	PRIMARY SYSTEM
MODERATE / SEATTLE & PUGET SOUND	Good To Go!

WHAT THIS MEANS FOR THIS ITINERARY

Seattle-area tolls can appear on SR 520, the SR 99 tunnel, Tacoma Narrows Bridge and I-405/SR 167 express toll lanes. The Olympic Peninsula routing can also put Tacoma Narrows in play.

- Good To Go! is Washington's toll-payment system and works on every state toll facility.
- Pay By Mail/plate options exist, but Good To Go! accounts generally cost less.
- Carpool-free travel in some express toll lanes requires a Flex Pass and the correct occupancy setting.

BEST PAYMENT SETUP	RENTAL-CAR WATCH-OUT
Visitors can use a temporary Good To Go! account or follow current plate/bill rules. Choose the method before driving onto a tolled bridge/tunnel.	Washington specifically advises renters to check their rental contract because agencies set their own toll-processing fees.

7220 Travel toll rule: Do not put two active interoperable transponders in the same vehicle. Pick one payment method, confirm that the license plate is correct, and read rental-car toll terms before the first cashless gantry.

VERIFY BEFORE YOU DRIVE

Official traveler information: <https://wsdot.wa.gov/travel/roads-bridges/toll-roads-bridges-tunnels>

Rates, lane rules, accepted transponders and payment methods can change. Re-check the official toll authority shortly before departure. For broader multi-state coverage, pair this page with the 7220 Travel U.S. Toll Roads Traveler Guide.